

ANNUAL REPORT **2024-25**







Foundation for Restoration of National Values (FRNV)

Website: www.valuefoundation.in



Contents

President Message	4
SECTION I	
GENERAL INFORMATION & GOVERNANCE STRUCTURE	5
FRNV Vision	5
Aims & Objectives	5
Our National Values	5
Our Strategy	6
Our Focus Areas	6
Our Regional Chapters	7
Organizational Structure	8
Governing Body:	8
SECTION II	
FRNV activities 2024 - 2025	9
Strengthening the Organization	9
Values-based Education.	9
Important Events and Meetings:	10
Re-organization to Advisory Board	10
Projects/activities undertaken during FY 2024-2025	13
Values Based Education Workshop at Richmond Global School, Puschim Vihar, New Delhi	1.
Values Based Education Workshop at DAV Public School, Jasola Vihar, New Delhi	12
Advisory Board Meeting	13
16th Annual General Meeting	13
Budget - Income & Expenditure	14
Strengthening Organization	14
FRNV Administration	14
Way Forward	14
Publication of bi-monthly Journal titled "Value Insight"	1:
SECTION III	
OUR FINANCES	21
SECTION IV	
FRNV Supporters and Members	26
SECTION V	
Get Involved	29



Foundation for Restoration of National Values

INSPIRATION & GUIDE

Swami Bhoomananda Tirtha

ADVISORY BOARD

Justice M.N. Venkatachaliah Former Chief Justice of India

Sri Ratan N. Tata Chairman Emeritus, Tata Group

Dr. E. Sreedharan Honorary Life President & Former MD, DMRC

Sri T.S. Krishnamurthy *Former Chief Election Commissioner*

Smt. Vibha Parthasarathi Educationist and Former Chairperson, National Commission for Women

Sri O. P. RawatFormer Chief Election Commissioner

Sri Satyananda Mishra
Former Chief Information

Justice M. Grover Former Judge, Punjab & Haryana High Court

OFFICE BEARERS

Commissioner

President Sri S. Regunathan, IAS (Retd.) Former Chief Secretary NCT of Delhi

Vice President Sri Anand S. Krishnan Chairman, FidelisWorld

General Secretary Sri Ashwani Kumar Former Director, Telecom MNC

Treasurer Sri Prem Arora Technocrat and Businessman

Members

Sri Sunil Kumar Sinha Managing Director, SPMCIL Sri Ravi Prakash Mehrotra Sr. Advocate, Supreme Court Dr. N. Subramanian Sr. Consultant (Urologist) Apollo Hospital 01.08.2025

Dear Esteemed Members,

It is my privilege and pleasure to extend to you all a warm and hearty welcome to the 17th Annual General Body (AGM) meeting of FRNV. This year is significant as your organization has completed 17 glorious years since 9th June 2008.

During the year, 6 schools workshops were held in Delhi and Bhubaneswar. National Seminar on Criminality & Candidature – prohibiting criminals from being appointed as Ministers was held on 12th April 2025 at New Delhi. Poojya Swami Bhoomananda Tirtha ji graced the seminar. As advised by Poojya Swami ji, collective efforts are required for bringing reforms and decriminalize politics. Social media is one of the tools through which FRNV is striving to stir the sentiments of the public for mass awareness.

The bi-monthly print journal (Value Insight) is receiving good response. Educational institutions and Corporate organizations are subscribing to the journal. We expect more such subscriptions from other educational institutions. Regional Chapters have also been trying to encourage sponsors for journal subscription in bulk.

I would now recommend various resolutions, audited reports and General Secretary's annual report that will be tabled in the AGM for your consideration and acceptance.

Thanking you all,

Yours sincerely,

Skegunathan

President/FRNV

Secretariat: Chamber No. 10, o/o CPM-5, DMRC, Airport Express Metro Station, Dhaula Kuan, New Delhi-110 021, Phone: +91-9599697643

E-mail: frnv@valuefoundation.in * frnvindia@gmail.com * Web: https://www.valuefoundation.in Facebook: https://www.facebook.com/frnvindia/ * Twitter: https://twitter.com/ValuesandUs Registered Office: M-75, Greater Kailash-I, New Delhi-110 048

SECTION I

General Information & Governance Structure

Foundation for Restoration of National Values (FRNV) is a group of inspired and committed citizens concerned about the well-being of the Nation, and passionate about its wholesome transformation.

It was registered on 9th of June, 2008 under the name Foundation for Restoration of National Values (FRNV) and under the registration number S/62441/2008.

- i. The Society has registered office at M-75, Greater Kailash Part I, New Delhi-110048.
- ii. The Financial year of the Society is from the first of April of each year to the 31st of March of the following year.
- iii. The Secretariat of FRNV is located at Chamber No.10, Ground Floor, o/o CPM-5, DMRC, Airport Express Metro Station, Dhaula Kuan, New Delhi–110021.

Auditors:

Alok Mittal & Associates, Chartered Accountant X-13, Hauz Khas, New Delhi-110016

Bankers:

- 1. Bank of Baroda (earlier Vijaya Bank, now merged with Bank of Baroda), Defence Colony Branch, New Delhi -110024
- 2. Punjab National Bank, Bhubaneswar, Odisha.
- 3. State Bank of India, Parliament Street, New Delhi 110001 (FCRA Bank Account)

FRNV Vision

FRNV will strive to restore our time-tested National and cultural values, so that people, individually as well as collectively, find an abiding inner persuasion to be truthful, ethical, patriotic, and committed to wholesome development of the Nation.

Aims & Objectives

Dedicated towards creating more ethical value based leadership driven by conviction so that leadership with integrity creates most appropriate conditions in democracy for all around National development.

- I. Aims at creating ethical leadership in the areas of business, administration, police, politics and value based education.
- II. Hopes to stimulate awareness among all members of the society, about the importance of the Duties of the Indian citizens, through its actions.
- III. Restore the National and Cultural Values of the country, so as to enrich and empower the Administration as well as its citizens.
- IV. To institute and propagate, ethical knowledge and disciplines, especially Value-based insights, as applicable to all sections of people without any distinction of gender, caste, creed or religion, with a view to promote and preserve individual, social and universal well-being, development, collective wisdom and peace.
- V. To imbue on the basis of our common heritage, moral and ethical values and principles, that foster civic sense, concern for others and the environment, in members of all sections of the society without any distinction of gender, caste, creed or religion.
- VI. To work towards the strengthening of ethical standards in the Executive, Judiciary as well as people's bodies and representatives, and all other agencies that interact with citizens, and endeavor to inculcate standards, so as to enhance their ability to understand and serve the needs of society in a way that upholds and fosters the greater good.

Our National Values

The solution to the value crisis lies in the inspiration provided by the three stable pillars on which independent India has vouched to rest firmly:

1. National Motto; 'Satyameva Jayate'; signifying that 'truth shall prevail', which we chose for ourselves, in the wake of independence.

- 2. National Flag; that proclaims ceaselessly the message of inner sacrifice, inmost purity, preservation of natural abundance, and vitality of the Earth.
- 3. Fundamental Duties in the Constitution; enjoining each one of us to value and uphold the composite culture of our country, and to be inspired by the great ideals that led our national struggle for independence.

Together, these make an exquisite triangle encompassing all our National values, and FRNV draws its inspiration from this ocean of strength.

Our National Values consist of discipline, restraint, and the ideal to stimulate the consciousness of all, to achieve:

- Eradication of inner constrictions born out of selfishness and greed;
- Imbuement of a warm fondness for society and concern for the collective good; and
- Building of sufficient inner strength and character, in the individual, family and society as a whole.

Our Strategy

- I. Influencing the influencers.
- II. As the crisis has its roots in the mind and intelligence, aim at stimulating change at a germinal level.
- III. Not a grassroots level movement.
- IV. At the same some grassroots-level activities may be required.
- V. Today youth is playing a key role in the National Scene.

Our Focus Areas

Towards creating a Value-based Society, FRNV focuses on the following areas:

1. Values-Based Education:

The main focus of this project is to implement FRNV's Values-based education methodology across schools in our country. FRNV's mission is to become known as an 'Opinion Leader' in the area of Values-based education in the country.

2. Electoral and Administrative Reforms (including Judicial Reforms):

FRNV will focus on achieving the following:

- Ø Prevention of people with criminal background from contesting elections;
- Ø Prevention of money and muscle power in conduct of elections;
- Ø Legislative backing to implement code of conduct during elections;
- Ø Speedy disposal of poll petitions and criminal cases against poll candidates;
- Ø Ensure accountability of elected representatives to the electorate;
- Ø Improve transparency and effectiveness in public administration
- Ø Ensure greater governance with less government; and
- Ø Speedy disposal of pending cases in courts.

3. Police Reforms:

FRNV will focus on achieving the following: -

- Ø Implementation of recommendations made by the Supreme Court.
- Ø Prompt registration of First Information Reports and Investigation.
- Ø Proper follow up of prosecution cases in courts;
- Ø Making police people friendly, and
- Ø Setting up of effective Police Complaints Authority (PCA) and prompt deterrent action against offenders.

4. Sanitation and Hygiene:

FRNV advocates on waste segregation, solid-waste management and educating citizens about civic sense.

5. Corporate Engagements for Ethics & Governance:

At the Foundation for Restoration of National Values, we believe that corporate integrity is important to attain sustainable development. We seek to stimulate the inner consciousness of corporate leaders and strive to maintain a high level of transparency within the organizations.

Our Regional Chapters

FRNV does not restrict itself within the region of Delhi and aims at expanding its motives to all parts of the country. The efficient functioning of the regional chapters will ensure effective implementation of police reforms in the different states as per Supreme Court directives, implementation of value-based education in the different tiers of education across all state of the country and to implement electoral and administrative reforms across the nation in an attempt to prevent value erosion and eradicate corruption.

Following structure has been approved for its Regional Chapter:-

- 1. Chairman/Chairperson (earlier Convener)
- 2. Vice Chairman
- 3. Secretary
- 4. Treasurer

Regional Chapters may also designate its member(s) as Jt. Secretary and Jt. Treasurer based on organizational strength and requirements.

Chairman/Chairperson and Secretary will be representing the Regional Chapter with FRNV HQ during meetings, etc.,

Foundation for Restoration of National Values has six Regional Chapters:

1. Kerala Chapter-Kochi

Kochi Chapter is headed by Dr. Devika Menon under direct the guidance of Honorary Life President Dr. E Sreedharan. They are doing work on value education for students and disaster management.

2. Karnataka Chapter-Bangalore

Karnataka Chapter is headed by Sri S L Gangadharappa. The chapter was launched on August 13, 2016, at Bengaluru. This chapter has been working in the following areas: Values-based Education, Corporate Integrity and Police Reforms.

3. Tamil Nadu Chapter-Chennai

Tamil Nadu (Chennai) Chapter is headed by Dr. T S Sridhar, IAS (Retd.), who took over as Chairman of the Chapter from 6th March 2024 as recommended by Sri Mahalingam Balasubramaniam. The chapter has taken up the Teachers' Manual and translated in Tamil language. The chapter has been working on Values-based Education, etc.

4. Haryana Chapter-Hisar

Haryana (Hisar) Chapter is headed by Sri Jagdeep Bhargava. Shri Bhargava took over as Chairman of the Chapter on 2nd July 2022 in Hisar. The chapter has been working on Values-based Education, etc.

5. Odisha Chapter-Bhubaneswar

Odisha (Bhubaneswar) is headed by Dr. Arun Kumar Rath, IAS (Retd.). Odisha Chapter was inaugurated on 29th October 2023. Since then, the Chapter has undertaken membership drive and conducted four workshops on Values & Ethics. The Chapter has enrolled 29 life members.

6. Delhi Chapter

The Delhi Chapter was launched on 8th February 2024. It is headed by Dr. Manoj Singh, former Director/AIIMS/New Delhi.

Organizational Structure

Governing Body:

Swami Bhoomananda Tirtha, the managing trustee of Narayanashrama Tapovanam (NAT), P.O. Paralam, Thrissur District, Kerala, and also the Founder of the centre for Inner Resources Development in Vasundhara, Ghaziabad, U.P. is the inspiration and guiding force for the FRNV.

There is an Advisory Board consisting of very eminent personalities to guide the Governing Body in managing the activities of FRNV.

The Governing Body looks after and manages the day to day affairs of the society. It will consist of a minimum of five and maximum of fifteen members including the office bearers for the purpose of "overall supervision over the activities of the Foundation". It shall be empowered to pass any resolution or amendment for the promotion of the objects of the said

society.

At present, it comprises the following:

Inspiration & Guide

Swami Bhoomananda Tirtha

Advisory Board

Justice M. N. Venkatachaliah

Former Chief Justice of India

Dr. E. Sreedharan

Honorary Life President/FRNV

Sri T. S. Krishnamurthy

Former Chief Election Commissioner

Smt. Vibha Parthasarathi

Educationist and Former Chairperson, National Commission for Women

Shri O P Rawat

Former Chief Election Commissioner

Shri Satyanand Mishra

Former Chief Information Commissioner

Shri M Grover

Former Judge, Punjab & Haryana High Court

Governing Body

President

Sri S Regunathan

Retd. IAS Officer

Former Chief Secretary, NCT of Delhi

Vice President

Sri Anand S Krishnan

Chairman, Fidelis World

Vacant

General Secretary

Sri Ashwani Kumar

Former Director, Telecom MNC

Joint Secretary - Vacant

Treasurer

Sri Prem Arora

Technocrat and Businessman

Governing Body Members

Sri Ravi Prakash Mehrotra

Senior Advocate, Supreme Court of India

Sri Sunil Kumar Sinha

Chairman cum Managing Director / SPMCIL (Security Printing & Minting Corporation of India Limited)

Dr. N Subramanian

Sr. Consultant (Urologist)/Apollo Hospitals, New Delhi (from 12.03.2024)

Team

Mr. V S Sivasubramanian

Advisor/Projects

Mr. Keshav Solanki

Office Assistant

During the year, Sri Ratan N Tata, Member/Advisory Board left for heavenly abode on 9th October 2024. The contribution of Shri Tata Tata was immense. FRNV salutes and pays its respects to the departed soul. Sri Ashis Panda, IT Consultant, New Delhi joined FRNV Governing Body Members on 27th February 2025. The experience of Sri Panda will benefit the organization.

SECTION II

FRNV Activities 2024 - 2025

- 1. Activities during the year 2024-2025 were as under:-
- a) The 16th Annual General Meeting of FRNV was held on 14th September 2024 at 4.00 pm in Hybrid mode (physical & virtual) in the Secretariat Office of FRNV at Dhaula Kuan, New Delhi.
- 2. Review of FRNV performance reveals that with regular weekly participation by Governing Body members and involvement of regional chapters, FRNV had been able to achieve the following:
 - I. Regular bi-monthly issue of print-journal "Value Insight" commenced from June 2022. Regular issues were printed in April 2024, June 2024, August 2024, October 2024, December 2024 and February 2025. 1000 copies were printed in each of the issues. Complimentary copies were sent to about 600-750 Schools in Delhi and NCR (Noida, Faridabad, Gurugram). In response, schools have started subscribing to the journal.
 - II. Inspiring and involving all six Regional Chapters in regular meetings.
 - III. Two School Workshops were conducted in
 - (a) Richmondd Global School, Pashim Vihar, New Delhi (27.05.2024)
 - (b) DAV Public School, Jasola Vihar, New Delhi (28.09.2024),
 - IV. Deliberations ways and means for organizing seminars for corporate organizations, etc., are under way.

Strengthening the Organization

More regional centres with active members are required.

Value-based Education

The recommendations of FRNV on Value-Based Education have generally been accepted by the Government of India and have been included in the New Education Policy (NEP) 2020.

Most of the State Governments had taken steps to implement the NEP 2020.

The Government had constituted under the chairmanship of Dr. Kasturi Rangan to design curricula and syllabus as per NEP 2020.

Corporate Integrity:

At the Foundation for Restoration of National Values, we believe that corporate integrity is important to attain sustainable development. We seek to stimulate the inner consciousness of corporate leaders and want to underpin the point that there is enough for everyone's needs, but not for their greed.

Kamal Model Senior Secondary School/Mohan Garden became Corporate Member (under educational category) on 18.09.2023 and Vijay Tanks & Vessels Pvt. Ltd., Vadodara become our corporate member on .

Our esteemed corporate members include AFCONS Infrastructure Ltd, GMR Group, Oil and Natural Gas Corporation Ltd., Lucknow Metro Rail Corporation Ltd., Delhi Metro Rail Corporation Ltd., Mumbai Metro Rail Corporation Ltd., Tata Sons Ltd., NTPC Ltd., RVNL, COAL India, Cochin Shipyard Limited, RBG Enterprises Pvt. Ltd., Krishna Sales Corporation, Kochi, Kamal Model Senior Secondary School/New Delhi and Vijay Tanks & Vessels Pvt. Ltd., Vadodara.

Important Events and Meetings

- I. The Governing Body re-iterated the following for FRNV:-
- National Values
- Constitutional Values

FRNV promotes National Eternal & contemporary Values which are already enshrined in the National Flag, the National Moto, 'Satyamev Jayate' (Truth Alone Triumphs) and the Fundamental Duties as enshrined in the Constitution.

Some of these values are eternal:

Truth, Non-violence, Righteous conduct and Preservation of natural abundance and vitality of the earth. Other Values which we promote are Contemporary Values. These are: Justice, Liberty, Equality, Fraternity, Sensitivity, Teamwork, Discipline, Responsibility and Respect for self as well as others.

Out of the above, Equality (opportunity to everyone), Compassion (care and service to others), Non-violence, Integrity (innermost purity, honesty), and Discipline/respect for rule of law shall be the focus values.

- Universal Values simultaneously, following Universal Values shall be adhered by FRNV and its members:
 - a) Truthfulness
 - b) Righteousness
 - c) Non-violence
 - d) Compassion
 - e) Bhakti devotion to God, Desh Bhakti, Mother, Father, Guru and God



Re-organization to Advisory Board

Reorganized Advisory Board now include Shri O P Rawat, IAS (Retd.) & former Chief Election Commissioner, Shri Satyananda Mishra, IAS (Retd.) & former Chief Information Commissioner and Justice M Grover, former Judge, Punjab & Haryana High Court. The Advisory Board held its meeting on 7th September 2024. The meeting discussed the following:-

- (a) Criminalization of politics the power of money and muscle
- (b) The protracted judicial dispensation system
- (c) How to bring more youth into politics; and
- (d) The Safety of Women

After deliberations, it was decided that criminals should be barred from contesting the elections as well as getting into in the cabinet. It was decided that a background note is to be prepared with the inputs from all members focusing on:-

- (a) What are the available means to deter criminals entering politics?
- (b) Why are they ineffective?
- (c) What steps are required to make it effective?

Projects/activities identified for FY 2024-2025

Values Based Education Workshop at Richmondd Global School, Paschim Vihar, New Delhi

Foundation for Restoration of National Values organized half-a-day workshop on Values Based Education on Monday, the 27th May 2024 at Richmondd Global School, Paschim Vihar, New Delhi. About 55 teachers from the School participated in the workshop.

Dr. Sharda Kumari, Head, Values Based Education Task Force, FRNV conducted the workshop. Shri Ashwani Kumar, General Secretary/FRNV, Dr. Renu Bhatia, former Deputy Director (Education) & Life Member/FRNV and Dr. Anushree Ghai, Psychotherapist addressed the participants. Smt. Poonam Jha, Principal, Richmond Global School welcomed and emphasized the importance of values based education in the country.



Shri Ashwani Kumar General Secretary FRNV

(Left to Right) Dr. Sharda Kumari, Dr. Renu Bhatia and Smt. Poonam Jha)





Dr. Anushree Ghai Psychotherapist addressing the participants

Values Based Education Workshop at DAV Public School, Jasola Vihar, New Delhi

The Values Based Education workshop held at DAV Public School, Jasola Vihar, New Delhi on 28th September 2024. About 100 teachers participated in the workshop.

Dr. V K Barthwal, Principal, DAV Public School, Jasola Vihar welcomed the guests. Shri S Regunathan, President/FRNV, Shri Baldev Mahajan, Vice Chairman, DAV Public School, Jasola Vihar, Dr. Manoj Singh, Chairman, FRNV Delhi Chapter, Dr. Sharda Kumari, Head, Values Based Education Task Force, FRNV, addressed the participants. A presentation was made by M L Khanna DAV Public School, Dwarka, New Delhi on the practices followed by the School on Values Based Education. It was well received by the participants. HRIDAY, NGO working for medical skill education also gave a brief on the need for skill education in the schools.

DAV Public School, Jasola Vihar gave a wonderful dance and song and enthralled the audience



School Principal Dr. Barthwal welcoming Shri S Regunathan, President, FRNV



Dr. Manoj Singh, Chairman, FRNV Delhi Chapter, addressing the workshop



Dr. Sharda Kumari, Head Values Based Education Task Force FRNV conducting the workshop



School Children song-dance program



A section of participants

Advisory Board Meeting

Virtual meeting of meeting of Advisory Board members held on 7th September 2024.



(Left to Right)
Shri Ashwani Kumar,
Shri Satyananda Mishra,
Shri Ravi Prakash Mehrotra,
Shri S Regunathan,
Dr. N Subramanian,
Shri O P Rawat and
Shri Sunil Kumar Sinha

After detailed discussions, it was decided that initially, FRNV should focus on the following:How to ensure criminals do not enter politics and get positions of power. For this a background note is to be prepared with the inputs from all the Members with focus on

- a. What are the available means to deter criminals entering politics?
- b. Why are they ineffective?
- c. What steps are required to make it effective?

16th Annual General Meeting

The 16th Annual General Meeting of the Members of Foundation for Restoration of National Values (FRNV) will be held in HYBRID mode on 14th September 2024 at the Secretariat Office in Dhaula Kuan, New Delhi.





Meeting was attended to by Shri S Regunathan, President/FRNV, Shri Prem Arora/Treasurer, Shri Ashwani Kumar/General Secretary, Dr. N Subramanian, Member/Governing Body (in person) and Members Shri Ravi Prakash Mehrotra, Shri O P Rawat, Shri Hiralal Wangnoo, Dr. Manoj Kumar Singh/Chairman/FRNV Delhi Chapter, Shri Ajai Chawla, Shri Ashis Panda, Dr. Sarita Nagpal, Shri Samarendra Dash, Major General P Rajagopal, PVSM, VSM, Dr. Radhakrishnan Pillai, Adv. N S Gopakumar all in virtual presence. Shri Sachin Singh, Student Chapter, Prayagraj attended in person as a Special Invitee.

After transacting the listed agenda items, it was discussed in the meeting, strengthening the organization with more active members was required. Meeting sought the support in enrolling more members. Similarly, more regional chapter(s) was to be set up. It was requested to refer/suggest your known contacts that could set up and lead the regional chapters in every State(s) of our country.

Budget - Income & Expenditure

• For FY 2024-2025, an income of Rs.6.95 lakhs only was generated. Expenditure was to the tune of Rs.22.55 lakhs.

Strengthening Organization

- I) Emphasis on strengthening Regional Chapters and regular meetings with Regional Chapters held.
- ii) More Regional Chapters at Chandigarh, Andhra Pradesh and Dehradun are being planned.

FRNV Administration

- (I) 16th Annual General Meeting with FRNV Members held in September 2024.
- (ii) Governing Body meetings were held every quarter.
- (iii) Regional Chapters Review meetings were held regularly.
- (iv) Weekly Review Meetings were held to plan and implement FRNV activities.

Way Forward

- (a) More Values Based Education School Workshop from Delhi and in FRNV Regional Chapters.
- (b) Electoral Reforms de-criminalization of politics hold regular seminars, workshops and public outreach to create mass awareness
- (c) National Link Language initiate steps for a National Link language



FRNV - 17TH FOUNDATION DAY CELEBRATION

The 17th Foundation Day could not be celebrated.

PUBLICATION OF BI-MONTHLY JOURNAL TITLED "VALUE INSIGHT"

The Editorial Board consists of Sudhamahi Regunathan, Editor and Shri Ashwani Kumar, Shri Prem Arora, Shri Sunil Kumar Sinha, Shri Ravi Prakash Mehrotra as Members of the Editorial Board. Smt. Shriti Nath is Consulting Editor of the FRNV Editorial Board.



Publication of Journal titled "Value Insight" (Print Journal)

• April 2024 Theme: Truth

- Benediction Swami Bhoomananda Tirtha
- Truth about Truth Smt. Radhika Srinivasan
- The Fourth Pillar Shri Manish Pant
- Anekanta my experience with truthfulness Ms. Geeta Chandran
- Telling Tales: Kaleidoscope of Perspectives Smt. Sudhamahi Regunathan
- Truth beyond the blindness of ego Ms. Pilar Copete
- Beyond philanthropy Shri Vikram Bhalla
- Spiritual Intelligence Prof. C S Krishna Das
- Pathways to Fitness Surya Namaskar Smt. Prema Raghavan
- Wisdom Waves the might of truthfulness Ma Gurupriya
- Destination Sanctuary of Truth Editorial Team
- Book Review Shri R Dasarathy
- Swami Vivekananda Shri S Regunathan

June 2024 Theme: Service

- Benediction Swami Bhoomananda Tirtha
- Service key to a rewarding Life Sant Rajinder Singh
- Reading promotion a mode of service Shri Satyanarayanan Mundayoor
- Service before self Brig. Ujjal Dasgupta
- Leela's Place Foundation a sanctuary in service of the voiceless Ms. Shreela Debi
- Elevating Business from profit to purpose Dr. Arun Kr. Rath
- Rescuing Pooja from despair to hope Ms. Devjani Baruah
- From gratitude to action Shri Santosh K Gupta
- Service to the Guru service to the world Editorial Team
- Wisdom Waves H.E. Doboom Tulku Rinpoche
- Telling Tales Smt. Sudhamahi Regunathan
- Learn from nature Late Humra Quraishi
- Pathways to Fitness Smt. Prema Raghavan
- Book Review Shri R Dasarathy
- Swami Vivekananda The Universal Man Shri S Regunathan

August 2024 Theme: Equanimity

- Benediction Swami Bhoomananda Tirtha
- The right balance Ms. Narayani Ganesh
- To accept what is Commander S Mohan
- The hunt for objectivity Shri Arvind Sukumar
- A warrior's resistance in adversity Shri Manish Pant
- Traversing life's storms with grace and serenity Late Humra Quraishi
- A pathway to Equanimity Prof. C S Krishnadas
- Young voices Master Gauranga Krishna Saha
- Telling Tales Smt. Sudhamahi Regunathan
- Wisdom Waves Acharya Mahapragya
- Pathways to Fitness Smt. Prema Raghavan
- Book Review Shri R Dasarathy
- Swami Vivekananda The Universal Man Shri S Regunathan

• October 2024 Theme: Devotion

- Benediction Swami Bhoomananda Tirtha
- Devotion Bhakti H.E. Jishnu Devvarma
- Empowering virtues Smt. Prema Raghavan
- Strains of Devotion Ms. Selina Sharma
- Eyes that see and lips that tell Smt. Sudhamahi Regunathan
- Naturally devoted Ms. Maya Ganesh
- The hand of devotion Editorial Team
- Love and Hug the Alzheimer-stricken Late Humra Quraishi
- Telling Tales Smt. Sudhamahi Regunathan
- Navigating spiritual realms Ms. Radha Burnier
- Devotional crafts Ms. Charu Smita Gupta
- Book Review Shri R Dasarathy
- Swami Vivekananda The Universal Man Shri S Regunathan

December 2024 Theme: Love

- Benediction Swami Bhoomananda Tirtha
- What is love Ms. Claude Bibeau Purohit
- Divine dance of supreme love Shri Sanjaya Pattanayak
- Embracing forgiveness Ms. Nandini Jain
- The ancient wisdom of love Shri Llewellyn Vaughan Lee
- Exploring love pillars that hold us together Shri Vikram Bhalla
- Wisdom Waves higher joy Swami Nirviseshananda Tirtha
- Telling Tales Smt. Sudhamahi Regunathan
- Warmth of emotions Smt. Aruna Srinivasan
- In search of the Lord Late Humra Ouraishi
- Pathways to fitness Smt. Prema Raghavan
- Book Review Shri R Dasarathy
- Swami Vivekananda The Universal Man Shri S Regunathan

February 2025 Theme: Reaction

- Benediction Swami Bhoomananda Tirtha
- The chemistry of reaction Smt. Sudhamahi Regunathan
- Between redemption and revenge Shri Omesh Saigal
- Mahabharata Dharma and Adharma Shri Chaturvedi Badrinath
- Reaction from impulse to insight Rev. Valson Thampu
- Memories of the shutter sutra Prof. Ganesh Saili
- Faith the catalyst for healing Dr. Shakuntala Dawesar
- A tale of sorrow and resilience Late Humra Quraishi
- Yoga Smt. Prema Raghavan
- Therapeutic Reaction to Music Dr. Reena Verma
- The making of a villain Ms. Raaga Varunika Chaudhary
- Book Review Shri R Dasarathy
- Swami Vivekananda The Universal Man Shri S Regunathan

These journals are also available in FRNV website www.valuefoundation.in/Publications/Journal.

We thank all the above writers for their valued contribution and hope to receive more such articles.

FRNV places its appreciation for the Advertisers i.e. Indraprastha Medical Corporation Limited (Apollo Hospitals), New Delhi and Vijay Tanks & Vessels Pvt. Ltd., Vadodara for sponsoring advertisements in the bi-monthly journal. FRNV also thanks its past advertisers i.e. Delhi Metro Rail Corporation Limited, UP Metro Rail Corporation Limited, Cochin Shipyard Limited and AFCONS Limited

FRNV TAMIL NADU (CHENNAI) CHAPTER

Chennai Chapter has translated FRNV Teachers Manual into local language – Tamil for distribution in Schools. It has distributed in various schools like Dayananda Vidyalaya Matriculation Higher Sec. School, Tirupattur), Equitas Gurukul Matriculation School, etc.,

FRNV ODISHA (BHUBANESWAR) CHAPTER

Seminar on Value Based Education jointly organised by FRNV, Odisha Chapter & KIIT Higher Secondary School On 29/6/2024 At Kiit Higher Secondary School.

The Seminar was held as scheduled at KIIT Higher Secondary School, Bhubaneswar under the Chairmanship of Dr Arun Kumar Rath, Chairman, FRNV, Odisha Chapter. Dr Chitta Ranjan Mishra, Director, KIIT Higher Secondary School was the Guest of Honour.

At the outset, Dr Uday Shankar Acharya, Principal of the school welcomed the Guests, Students and faculty, Dignitaries/Members of FRNV, Bhubaneswar Chapter. Dr Arun Kumar Rath delivered the key note address on Value Based Education through his PPTs on the various aspects of VBE. He also showed a video clip on the thoughtful and thought provoking conversation between the legendary teen Nachiketa and Yama, the God of Death citing the highest level of humility and sacrifice by Nachiketa which floored Yama and forced Yama to answer the question of Nachiketa on the after-death phenomena and how to attain salvation. He also narrated to the audience the Krishna-Karna story while explaining the essence of Dharma and ethical values.

Dr Chitta Ranjan Mishra, Director KIIT Higher Secondary school and a life member of FRNV exhorted the students to adhere to human values alongside the studies and curricula to be better human beings.

The two Technical Sessions were Education for universal human values & Duty to Society and Nation.



A Section of Participants





Speakers deliberated on these topics through lives and philosophies of iconic leaders Students were made to understand human values through stories and anecdotes. Also they were explained how nutrition plays a key role in their mental growth and physical and cognitive resilience.

State Level Seminar on Role of Youth in National Building organised by FRNV, Odisha Chapter on 14/8/2024

The Seminar was organized by FRNV Odisha Chapter jointly with Citizens for Collection Action for Education & Social Change under the Chairmanship of Dr Arun Kumar Rath, Chairman, FRNV, Odisha Chapter. Seminar was held at Buddha Mandir Auditorium, Bhubaneswar on 14th August 2024 on the eve of Independence Day. Over 70 participants including 30 school students and FRNV members attended.



FRNV magazine December 2024 issue was launched at a function organized by the 109 year old Railway School Jatni (Khordha) and also at Smruti function (Group of former Senior Civil Officers) at Bhubaneswar on 15 December 2024.



The issue of "Value Insight" was highly appreciated by the Students, Teachers and the eminent senior citizens.

SEMINAR ON ADDING VALUE TO NUTRITION MANAGEMENT FOR ADOLOSCENTS ON 4TH JANUARY 2025.

A Seminar was jointly organized by FRNV, Odisha Chapter and DAV School, Pokhariput, Bhubaneswar on 'Adding value to nutrition management for adolescents'.

Dr Arun Kumar Rath, IAS (Retd) and Chairman of Odisha Chapter presided over the Seminar. Sri Bipin Kumar Sahoo, Principal of the School and FRNV Life Member delivered the welcome speech. Sri Samarendra Dash, Secretary, FRNV Odisha Chapter spoke about Value based education which is the core objective of FRNV. He called upon the students to be good citizens and better human beings. Dr Arun Kumar Rath impressed upon the students and parents about good food habits and discard junk food. He also stressed upon the need for balanced and nutritious food for their physical, mental and cognitive growth.



Sri Basant Kumar Kar, an internationally acclaimed nutrition expert and life member of FRNV, Odisha Chapter spoke about the virtues of nutrition and balance food for the adolescents and also mentioned that how severe is malnutrition among children and lactating mothers which is the root causes of incommunicable diseases like obesity, cancer, diabetics and cardiac diseases among adolescents and women. Among others Dr Jibitesh Rath , Vice Chairman of FRNV Odisha Chapter spoke about the large scale hunger among the Tribals and their compulsions to depend on seasonal forest produce for their food. This severely affects the nutrition of the tribal children and adolescents. Of late, the tribals are encouraged to grow millets in their rain-fed agri land which will yield them nutritious food. Sri Ashok Kumar Sahoo, Sri P.K.Mishra also spoke on this occasion. There was a session on Q & A wherein students/parents posed apt and critical questions and the Chief Speaker and our esteemed Chairman answered all the questions. The program was well received and acknowledged by the students, teachers, parents and other dignitaries. About 150 participants' students, parents, teachers and FRNV Members actively participated in the event.

FRNV DELHI CHAPTER

Delhi Chapter was launched on 8th February 2024. Dr. Manoj Singh took over as Chairman, of Delhi Chapter. Delhi Chapter conducted its 1st meeting of its members on 27th April 2024. It decided the following:-

- (i) Encourage individuals/organizations to become members of FRNV
- (ii) Organize workshop/seminar in schools for the benefit of teachers/students on Values Based Education.
- (iii) Institutes like NCERT/SCERT may also be approached

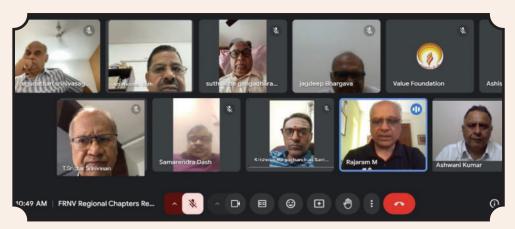


A google meeting of FRNV Delhi Chapter was held on 21st December 2024 under the Chairmanship of Dr. Manoj Kr. Singh.

Regional Chapters Review Meeting

The regional chapters review meeting was held on 31st August 2024 in virtual mode. Shri S Regunathan, President/FRNV and Shri Ashwani Kumar, General Secretary/FRNV attended from FRNV HQ. Dr. Arun Kumar Rath, Chairman, Odisha (Bhubaneswar) Chapter, Dr. T S Sridhar,

Chairman, Tamil Nadu (Chennai) Chapter, Shri S L Gangadharappa, Chairman, Karnataka (Bengaluru) Chapter, Shri Jagadeep Bhargava, Chairman, Haryana (Hisar) Chapter attended the meeting. Shri Samarendra Dash, Secretary, Odisha Chapter, Shri Ashis Panda, Secretary, Delhi Chapter, Shri R S Krishnan, Chennai Chapter also participated in the meeting. Shri M Rajaram entrepreneur and IT expert attended the meeting as a special invitee.



Meeting decided:-

- (a) To strengthen the organization in every region
- (b) To celebrate National Days in befitting way
- (c) To organize Values Based Education Workshop to Teachers
- (d) To spread awareness on the need for reforms in electoral, judicial and governance in the country.
- (e) To distribute complimentary copies of the FRNV bi-monthly journal "Value Insight" to schools in Chennai and Bhubaneswar. Bengaluru and Hisar Chapters will follow in the next cycle. Chapters were requested to find sponsors for the journal and also advertisement sponsorship from the corporates.
- (f) To raise funds for regional chapter activities

SECTION III

OUR FINANCES

FOUNDATION FOR RESTORATION OF NATIONAL VALUES (FRNV) Balance Sheet as on 31.03.2025

		As At 31.3.2025		As At 31.3.2024	
SOURCES OF FUNDS	-	Rs.	Ps.	Rs.	Ps.
Corpus Fund		×			
Opening Balance Add Received During the Year	13,20,002.00	13,2	0,002.00	13,2	20,002.00
General Fund					
Opening Balance Add: Addition During the Year	25,98,060.40 (15,59,344.68)	10,3	8,715.72	25,9	8,060.40
CURRENT LIABILITIES					
Salary Payable			2,000.00	7	2,000.00
TDS Payable			8,000.00	•	8,000.00
		24,3	8,717.72	39,9	8,062.40
APPLICATION OF FUNDS	-				
FIXED ASSETS					
(As Per Annexure - I Attached)		8	0,708.50	6	0,132.00
CURRENT ASSETS LOANS & ADVANCE	<u>es</u>				
Other Current Assets		4,0	8,584.00	3,4	0,364.00
Cash & Bank Balance		19,4	9,425.22	35,9	7,566.40
	-	24,3	8,717.72	39,9	8,062.40
In terms of our report of even date	_	man book			Was 100 PE

For Alok Mittal & Associates

Firm Reg No. - 005717N

Chartered Accountants

For Foundation for Restoration of National Values (FRNV)

Alok K. Mittal

Partner

M No. - 071205

(President)

(General Secretary)

(Treasurer)

UDIN-25071205BMHGOP4038

Place: New Delhi.
Date: 12 July 2025

FOUNDATION FOR RESTORATION OF NATIONAL VALUES (FRNV)

Income & Expenditure Account For the Year ended 31.03.2025

Sch.	Rs. Ps. 1,84,530.00 3,50,000.00	Rs. Ps.
Sch.		1.92.728.00
		1.92,728.00
	2 50 000 00	-,,
	3,30,000.00	2,00,000.00
	1,43,615.00	2,27,318.80
	500.00	15,000.00
	141.80	0.87
	1,200.00	4,348.00
	15,452.80	18,953.80
	•	15,50,000.00
	6,95,439.60	22,08,349.47
	3,437.54	3,670.77
	-	10,275.00
		1,34,520.00
1		7,792.00
	70	650.00
		26,547.00
		3,00,800.00
		1,600.00
		13,09,525.53
		51,448.00
		52,381.38 18,632.00
	27,664.00	18,032.00
	22,54,784.28	19,17,841.68
	(15,59,344.68)	2,90,507.79
	(15,59,344.68)	2,90,507.79
	1	141.80 1,200.00 15,452.80

In terms of the our report of even date For Alok Mittal & Associates

Firm Reg No. - 005717N Chartered Accountants For Foundation for Restoration of National Values (FRNV)

(Treasurer)

Alok K. Mittal Partner

(President)

(General Secretary)

M No. - 071205

Place: New Delhi.

Date: 12 July 2025 UDIN-25071205BMHGCP403B

Receipt & Payment Account

FOUNDATION FOR RESTORATION OF NATIONAL VALUES (FRNV) Receipt & Payment Account for the Year Ended 31.03.2025

RECEIPTS	As On	As On	PAYMENTS	As On	As On
	31.03.2025	31.03.2024		31.03.2025	31.03.2024
Opening Balances :			Expenses During the year		
Balance with Bank	2,20,250.78	1,88,129.61	Bank Charges	3,437.54	3,670.77
Cash in Hand	2,315.62	3,003.00	Meeting Exp.		10,275.00
FDR with Bank	33,75,000.00	29,25,000.00	Office Rent	1,61,424.00	1,34,520.00
			Repair & Maintenance Others	3,525.00	650.00
Receipts during the year			Printing & Stationery	40,269.00	26,547.00
Interest Received	1,84,530.00	1,92,728.00	Salary	1,75,000.00	3,00,800.00
Advertisement Received	3,50,000.00	2,00,000.00	Staff welfare	1,000.00	1,600.00
Membership Fees	1,43,615.00	2,27,318.80	Value Education Project	17,92,916.40	13,09,525.53
Donation Received	500.00	15,000.00	Website Development Exp.	30,891.00	51,448.00
Misc. Income	141.80	0.87	Telephone & Postage & Internet F	4,233.84	52,381.38
Sale of Books	1,200.00	4,348.00	Travelling & Conveyance Exp.	27,664.00	18,632.00
Journal Subscription Received	15,452.80	18,953.80			
Corporate Membership Fees	=	15,50,000.00			
Decrease in Advances	-	679.00	Purchase of Fixed Assets	35,000.00	8,299.00
Decrease in other current assets	-68220	1,90,754.00	Closing Balances		
		0.800.0	Balance with Bank	1,47,395.84	2,20,250.78
			Cash in Hand	2,029.38	2,315.62
			FDR with Bank	18,00,000.00	33,75,000.00
	42,24,786.00	55,15,915.08		42,24,786.00	55,15,915.08

(President)

In terms of the our report of even date

For Alok Mittal & Associates

Firm Reg No. - 005717N

Chartered Accountants

Alok K. Mittal Partner

M No. - 071205

UDIN-25071205 BM HGOP 4038

Place: New Delhi. Date: 12 July 2025

For Foundation for Restoration of National Values (FRNV)

(General Secretary)

(Treasurer)

(Schedule Forming Part of Balance Sheet)

FOUNDATION FOR RESTORATION OF NATIONAL VALUES (FRNV)

SCHEDULE - 1

AS PER ANNEXURE - I

FIXED ASSETS

PARTICULARS	AS AT 1.04.2024	ADDITION for more than 180 days	ADDITION for less than 180 days	Total	DEPRECIATION FOR THE YEAR	AS AT 31.3.2025
Furniture & Fixture	31,926.00			31,926.00	3,192.60	28,733.40
Office Equipment	28,206.00	-		28,206.00	4,230.90	23,975.10
Computers	-	-	35,000.00	35,000.00	7,000.00	28,000.00
Total	60,132.00	-	35,000.00	95,132.00	14,423.50	80,708.50



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FOUNDATION FOR RESTORATION OF NATIONAL VALUES (FRNV)

SCHEDULE -2

	As at 31.03.2025		As at 31.03.2024		
	Rs.	Ps.	Rs.	Ps.	
OTHER CURRENT ASSETS					
TDS For Previous years	76,0	074.00	1,	26,028.00	
TDS For AY 2025-26	24,776.00		-		
Accured Interest	2,58,734.00		2,14,336.0		
Other Recoverable	49,0				
	4,08,584.00		3,40,364.00		
		190	SCHEDUI	LE -3	
	As at 31.03.2025		As at 31.03.2024		
	Rs.	Ps.	Rs.	Ps.	
CASH & BANK BALANCES					
Cash in Hand	2,0	029.38		2,315.62	
Bank of Baroda	87,253.84		1,63,806.1		
SBI a/c Cochin	55,795.59		56,444.5		
SBI a/c Odisha	4,346.41		-		
FDR with Bank of Baroda	18,00,000.00		33,75,000.00		
	19,49,	425.22	35,	97,566.40	

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SECTION IV

FRNV supporters and members

We are hugely grateful to all those who have worked with us both past and present, both as members or sponsors, or through contributing to our events. The target that FRNV achieved this year sounds quite stupendous. This could be made possible only because it got significant support from a wide range of partners, donors, Corporate members and other organizations.

Our key supporters and sponsors:

- 1. Wildcraft India Pvt. Ltd.
- 2. Cochin Shipyard Ltd.
- 3. Transworld Group
- 4. Crescent Contractors Pvt. Ltd.
- 5. Tata Sons Ltd.,/Tata Services
- 6. Marymatha Construction Company
- 7. Cherian Varkey Construction Co. Pvt. Ltd.
- 8. Johnson Lift Pvt. Ltd.
- 9. Shri Anand Krishnan, Managing Partner, FW Advisors, DMCC
- 10. N.A. Sportz Interactive Pvt. Ltd.
- 11. RSA Logistics DWC-LLC
- 12. National Capital Region Transport Corporation
- 13. Elofic Industries Ltd.
- 14. SJVN Ltd.

Corporate members:

Our esteemed corporate members include

- 1. AFCONS Infrastructure Ltd.
- 2. GMR Group
- 3. Oil and Natural Gas Corporation Ltd.
- 4. Lucknow Metro Rail Corporation Ltd.
- 5. Delhi Metro Rail Corporation Ltd.
- 6. Mumbai Metro Rail Corporation Ltd.
- 7. Tata Sons Limited
- 8. NTPC Limited
- 9. Rail Vikas Nigam Limited (RVNL)
- 10. COAL India Limited
- 11. Cochin Shipyard Limited
- 12. M/s. RBG Enterprises Pvt. Ltd., and
- 13. M/s. Krishna Sales Corporation, Kochi.
- 14. Kamal Model Senior Secondary School, Mohan Garden, New Delhi
- 15. Vijay Tanks & Vessels Pvt. Ltd., Vadodara





We are also extremely grateful to our Life & Annual Members for their contribution, support and advice:

Life members (as on 31-03-2025):

- 1. Smt. Savita Wakhlu
- 2. Shri Prem Arora
- 3. Dr. E. Sreedharan
- 4. Shri Prasanna Swaroopa
- 5. Brahmacharini Namrata Swaroopa
- 6. Shri Ashwani Kumar
- 7. Shri Bharat Wakhlu
- 8. Shri Arun Kirpal
- 9. Shri Anand Subramanyam Krishnan
- 10. Shri Ravindra Krishnappa
- 11. Shri M Ayyappan
- 12. Shri Ravi P Mehrotra
- 13. Shri D.R. Kaarthikeyan
- 14. Shri Akhileshwar Sahay
- 15. Shri V. Vishwanath
- 16. Mrs Radha Krishnan
- 17. Ms. Deepti Rani Mehrotra
- 18. Shri Sunil Kumar Sinha
- 19. Shri N. Nagaraja Rao
- 20. Shri Sushil Jain
- 21. Shri Hari Krishna Holla
- 22. Shri Devender Gill
- 23. Ms. Devika Menon
- 24. Prof. Varun Arya
- 25. Shri K L Mohana Varma
- 26. Shri Raj Kumar Gupta
- 27. Shri P Narayanan
- 28. Shri Martin K Mathew
- 29. Dr. Nazeeb K Hamza
- 30. Mrs. Vaishali Hemant Nitturkar
- 31. Shri Evoor radhakrishnan
- 32. Shri Ravinder Nath Joshi
- 33. Dr. Vinod K Verma
- 34. Shri Satya Pal Kohli
- 35. Shri Sushil K Jain
- 36. Sri Hira Lal Wangnoo

- 37. Shri Harjit Singh Anand
- 38. Shri Amit Chaterjee
- 39. Sri Arvind Anchliya
- 40. Gp Capt. (Dr) R K Agarwal
- 41. Shri Vikram Sreeram
- 42. CA Madhukuttan Pillai K.B
- 43. Shri S Regunathan
- 44. Dr. Ramesh Kumar
- 45. Shri Jagdeep Bhargava
- 46. Shri V S Sivasubramanian
- 47. Ms. Shanti Vishwanath
- 48. Shri S L Gangadharappa
- 49. Shri Arun Kumar Jain
- 50. Shri M Balasubramaniam
- 51. Shri O P Rawat
- 52. Shri Nitin Mehra
- 53. Shri C P Tyagi
- 54. Shri Shivakumar Pattabhiraman
- 55. Smt. Anuradha Bhargava
- 56. Dr. K C Chaturvedi
- 57. Shri Inder Dutt Salwan
- 58. Shri K V Ramesh
- 59. Dr. Arun Kumar Rath
- 60. Dr. Jibitesh Rath
- 61. Shri Samarendra Dash
- 62. Shri Ashis Mohapatra
- 63. Smt. Khilona Raj Behera
- 64. DR. Manoj Kar
- 65. Shri Bijaya Kumar Nath
- 66. Dr. (Mrs.) Sipra Ram
- 67. Shri Basanta Kumar Kar
- 68. Prof. (Dr.) Dwarikanath Mishra
- 69. Shri Ashok Kumar Sahu
- 70. Dr. (Ms.) Vijaya Lakshmi Mohanty
- 71. Dr. Dindayal Swain
- 72. Ms. Namrata Sahoo

- 73. Shri Debabrata Panigrahi
- 74. Dr. Manoj Singh
- 75. Dr. Renu Bhatia
- 76. Dr. T S Sridhar
- 77. Dr. N Subramanian
- 78. Dr. Chittaranjan Mishra
- 79. Shri Bipin Kumar Sahoo
- 80. Shri Ashis Panda
- 81. Dr. Chitta Ranjan Mishra
- 82. Shri Subhash Chandra Mohanty
- 83. Shri Rajendra Kumar Das
- 84. Smt. Sujata Praharaj
- 85. Shri Raj Kumar Jalan

- 86. Shri Prakash Chandra Das
- 87. Shri Sanjaya Kumar Pattanayak
- 88. Shri Sanjaya Pradhan
- 89. Major General P Rajagopal, AVSM, VSM
- 90. Prof. Jugal Kishore Mishra
- 91. Dr. Chiranjeevi Kadiam
- 92. Shri Gurudutta Ray
- 93. Dr. B K S Sanjay
- 94. Adv. R N Jha
- 95. Adv. R NARAYANAN
- 96. Adv. N S Gopakumar
- 97. Shri Madhusudan Mishra

Annual Members:

- 1. Shri CA Ramakrishan K P
- 2. Dr. Anushree Ghai
- 3. Shri Ajai Chawla
- 4. Ms. Surabhi Chawla
- 5. Smt. Radhika Srinivasan, Tamil Nadu
- 6. Shri Parthasarathy Srinivasan, Noida
- 7. Smt. Sujatha Padmanabhan, Bengaluru
- 8. Shri Rajinder Lal Dhawan up to 26.09.2024
- 9. Mrs. Sakshi Tandon up to 31.08.2024
- 10. Mrs. Akansha Tandon up to 31.08.2024
- 11. Shri N Prabhakar up to 11.12.2024
- 12. Dr. Santanu Kumar Swain up to 29.12.2024
- 13. Ms. Chinmayee Panda up to 16.01.2025
- 14. Dr. Rajanikanta Biswal up to 22.01.2025
- 15. Dr. Sushila Madan up to 21.03.2025
- 16. Prof. Bharti Suri up to 26.03.2025

SECTION V

Get Involved

How can you as a citizen be a part of FRNV?

This is a call to every citizen of this country, who feels proud of being an Indian. If you wish to be part of this movement, there are several ways to do so.



- I. This movement is to rekindle inspiration in the society to draw upon the values ingrained in our culture and heritage. The best contribution to the movement would be to express your solidarity in thought, word, and deed. Spread the word about this movement amongst those closest to you.
- ii. You may endorse the aims and objectives of the movement by joining FRNV as a 'FRIEND of FRNV'. FRNV will update you with its activities and you will find greater opportunities to take part in the movement.
- iii. FRNV has established regional chapters in several important cities of the country. Do contact the local /closest FRNV chapter to discuss what you can do further to aid the movement.

You can become a:

1. Member

Members of FRNV express their solidarity with the FRNV objective and actively engage with the organization in word, action, and deed. They wholeheartedly commit to imbibing our national values and consciously work towards spreading the FRNV initiatives amongst other citizens. They may also send contributions to support the activities of the Foundation.

Concessional fee (Associate Membership) is open for academicians / principals / vice principals / professors/teachers/students, etc.,

Concessional Corporate Membership is available for Educational Institutions and Hospitals/Clinics, etc.

FRNV membership is open to organizations and individuals from diverse geographical, cultural and professional backgrounds.

2. Volunteer your time

A National Movement on Values Restoration can only be successful if people with a passion for bringing about change come forward to participate in this.

We invite you to participate in this noble cause by doing the following:

- o Encourage as many people as you can to demonstrate value-based living.
- o Inform people about FRNV. Urge them to join this movement by becoming a Friend of FRNV.
- We all will agree that one way to convey ideas about value inculcation and value-based living is to read about, introspect over and emulate the lives of inspiring role models. We are planning to put together such inspiring biographies of individuals, and stories and anecdotes of value-based living. Volunteer to identify role models and compile biographies. Gather inspiring stories and anecdotes of value-based living.
- O Collecting quotes: We are in the process of collecting quotations by eminent leaders, thinkers, scholars, scientists and others from across the years, from across the world, who has spoken about India and its greatness. We would like to host these in our website so that people can be inspired by what is truly our own.

3. Become a Corporate Member

According to the CSR Guidelines laid down by the Government, it is incumbent upon the business that they must be actively engaged in securing ethical standards and good governance. Companies are increasingly engaging in sector-specific or multi-industry initiatives, locally, regionally and/or globally to share their experiences, learn from peers and, in partnership with other stakeholders, contribute to leveling the playing field. FRNV, as an organization is the right platform for companies to demonstrate their commitment to ethical practices and promotion of governance.

FRNV membership is open to organizations and individuals from diverse geographical, cultural and professional backgrounds.

Companies/SMEs/Institutions committed to doing business ethically are encouraged to become member of FRNV. We charge nominal membership fee that is used to carry out our ongoing activities.

4. Make a donation

Such a foundational movement is not possible without firm support from like-minded citizens. Any contributions may please be made through an online mode/RTGS/cheque/DD in favour of "Foundation for Restoration of National Values," and send it to our office address.

5. Support an event or fundraising activity.

Other ways you can help our cause

FRNV invites Friends and Members of FRNV to volunteer for committees on Value Based Education (VBE), Administrative Reforms, Police reforms and Electoral Reforms.

We also invite articles for our bi-monthly journal "Value Insight".

SOCIAL MEDIA

Instagram QR Code



YouTube



- @Valuesandus
- Https://x.com/ValuesandUs/status/1918194586985611438
- facebook.com/profile.php?id=100010034894936 User Name: @ FRNV India
- www.valuefoundation.in





- Foundation for Restoration of National Values M-75, Greater kailash I, New Delhi 110048
- frnv@valuefoundation.in / frnvindia@gmail.com
- https://valuefoundation.in/